American College of Occupational and Environmental Medicine Delegation to Vietnam
December 1-7, 2024

Delegation Leader:
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Preliminary Schedule of Activities

This Preliminary Schedule of Activities represents the initial plans for the delegation as developed in cooperation with your delegation leader, your professional counterparts, and our research team. The Final Schedule of Activities, published approximately 30 days prior to your delegation convening, will be adjusted to reflect the composition of the delegation, unique opportunities, and scheduling with your professional counterparts.

Following are the initial topics of discussion planned for the professional meetings.

- What are the formal processes for ensuring worker safety?
- How are work related injuries and illnesses addressed? (reporting, care, administrative issues)
- What are the return-to-work methods used?
- What is the greatest area of need within occupational and environmental medicine?
- Are there any protections afforded injured workers? (similar to our ADA, FMLA, compensation for loss, etc.)
- How does the occupational medicine physician and specialty in general interface with other medical specialties or organizations?
- Are there employer efforts focused upon total worker health?

Day 1 (Sunday) December 1, 2024
Arrival Hanoi, VIETNAM
Upon arrival in Hanoi, please proceed to your hotel using your hotel.

In the evening, join your national guide at the hotel for an orientation and cultural briefing. The exact briefing venue will be announced after arrival. The group will be briefed on the political and cultural diversity and receive further information on the program.
Day 2 (Monday) December 2, 2024  Hanoi: Professional
Begin the day with an overview of the healthcare system and learn about Vietnam’s commitment to the International Labour Organization and the Vietnam Decent Work Country Programme (DWCP) signed in March 2023. Discuss the initiatives and plans to achieve the goals of the DWCP by 2026.

After lunch visit the US Embassy in Hanoi. Gain an understanding of the relationship between the US and Vietnam, initiatives in the region, and plans for the future. Meet with USAID representatives and learn about one of the USAID flag ship projects the Local Health System Sustainability Project, which is aimed at strengthening the financial structure for healthcare and building toward a sustainable self-financed health system and universal healthcare.

Day 3 (Tuesday) December 3, 2024  Hanoi: Cultural
Today enjoy some of Hanoi’s cultural treasures. Visit One Pillar Pagoda, which dates to the 11th century and was built to resemble a lotus blossom. Onward to visit the Temple of Literature, Hoan Kiem Lake, located in the heart of Hanoi and Ho Chi Minh Mausoleum. The mausoleum is the final resting place of Vietnamese Revolutionary Leader Ho Chi Minh, President of the Communist Party from 1951 until his death in 1969.

In the afternoon, explore the Old Quarter of the city, with its colonial French architecture and slower pace of life, during a rickshaw tour. Stop briefly to see Hỏa Lò Prison, which was a prison used by the French colonists in Vietnam for political prisoners, and later by North Vietnam for U.S. Prisoners of War.

This evening you will attend an evening Vietnamese cultural show Lang Toi My Village. The innovative performance highlights the poetic beauty of Vietnamese village life using twenty different exotic folk instruments, dance, and acrobatics.

Day 4 (Wednesday) December 4, 2024  Professional  Day/Fly to Ho Chi Minh City
Start the day meeting with the faculty and staff at one of Hanoi’s largest public Hospitals. Discuss with the hospital teams the reporting procedures in compliance with Occupational Health and Safety Laws.

After lunch transfer to airport for flight to Ho Chi Minh City.

Day 5 (Thursday) December 5, 2024  Ho Chi Minh City: Professional Day
In the morning, meet with one of the largest worker safety consulting firms to discuss the challenges of building a workplace culture of safety and a culture of compliance and reporting. Visit one of the sites currently under assessment and discuss the implementation of changes to the facility and the social and behavior change models to achieve a safer work environment.

This afternoon, meet with the Vietnamese Industrial Hygiene Association I Ho Chi Minh City, learn about their certification and training programs designed to keep pace with the changing environment in Vietnam.

After you return to the Hotel, gather as a group to recap your professional experience, share observations, and discuss possible future collaboration.

Day 6 (Friday) December 6, 2024  Ho Chi Minh City: Cultural Day
This morning you will enjoy walking tour, start out from the hotel walking past magnificent French colonial monuments such as Opera House, City Hall and a stop at the Notre Dame Cathedral and Post Office. After a selfie stop, follow the path to Reunification Palace nearby. Formerly named the Presidential Palace, this important city landmark was assured its place in history on April 30, 1975, when the first North Vietnamese tanks rumbled past, signaling the Fall of Saigon and ultimately the end of the Vietnam War.
Afternoon visit the **War Remnant Museum** which is primarily dedicated to the Vietnam War but also includes exhibits dating back to the French colonialist period and the first Indochina War.

**Day 7 (Saturday) December 7, 2024  Ho Chi Minh City – Departure**
Today transfer to the airport to connect your flight back home or transfer to Siem Reap, Cambodia for the Cultural Extension Program.