

Preliminary Schedule of Activities

ENA Global Exchange to Spain

October 20-25, 2024

PLEASE NOTE:

- *Specific meetings and facility visits will be determined based on the goals and topics of discussion defined by the delegation leader and the organizing committee. Delegation members will be asked to complete a Professional profile and offer suggested topics of discussion. The final schedule of activities will reflect the composition of the delegation.*
- **Meetings are always Subject to change.**
- **Meals as per itinerary.**

24-HOUR EMERGENCY CONTACT

Manoj: +91 98110 93859 (available via call and WhatsApp)

Manoj is the Head of Operations at Worldwide Adventures India (Global Partner of Citizen Ambassador, A Program of Cultural Vistas). He will be overseeing ground operations in Spain and coordinating all meetings, working closely with Dawn Davis, Director of the Citizen Ambassadors Program, and **Delegation Leader: Chris Dellinger, MBA, BSN, RN, FAEN**

National Guide

Carlos: +34 601 02 04 60 (available on both call and WhatsApp)

DETAILED ITINERARY

Sunday, October 20, 2024

Arrive in Madrid, SPAIN

Delegates arrive in Madrid, Spain via the **Madrid International Airport**.

Check-in is officially at 2:00 p.m.

Madrid is the capital of Spain and also its largest city. A bustling metropolis known for its rich history, vibrant culture, and stunning architecture. Immerse yourself in the vibrant culture of the city with a cultural introduction.

From 3 to 5 pm, **join our guide for an optional walking tour of Madrid**. Explore the city's vibrant streets, uncover historical landmarks, and learn about the rich culture and history that make Madrid so unique. This leisurely walk offers the perfect introduction to the capital, blending history, architecture, and local insights.

In the evening at 6pm, please meet in the hotel lobby for an **orientation and cultural briefing** led by your national guide. This session will provide you with all the essential details about the trip.

Following the briefing, proceed to a **group dinner**.

Overnight: Hotel Catalonia Atocha, Madrid

Meals: Dinner

Monday, October 21, 2024

Madrid: Professional

Madrid → Avila (1.5 hrs drive)

In the morning, delegates will receive an **overview of the healthcare system** at the **Colegio Oficial de Enfermería de Madrid (CODEM)** at 10:00 am. As the official governing body for nursing in the province of Madrid, CODEM plays a crucial role in regulating and supporting the nursing profession. Delegates will engage with representatives to learn about the structure and function of the nursing college, including its role in professional development, education, and advocacy for nurses. This session will provide valuable insights into the nursing landscape in Madrid and enhance delegates' understanding of how nursing governance impacts healthcare delivery in the region.

Lunch will be served in the afternoon.

After lunch, at 12:00 pm, visit the renowned **Hospital Universitario Puerta de Hierro in Madrid**. This advanced medical facility is known for its cutting-edge healthcare services and research. During the visit, the group will have the opportunity to tour key departments, meet with healthcare professionals, and learn about the hospital's innovations in patient care. This experience provides valuable insights into Spain's healthcare system and fosters meaningful professional exchanges in a world-class medical setting.

GUEST PROGRAM

In the morning at 9:30 AM, **explore other vibrant neighborhoods in Madrid**, each offering its own unique charm. A visit to **Retiro Park**, Madrid's most famous green space, is highly recommended. With its peaceful atmosphere, stunning gardens, and iconic landmarks like the Crystal Palace, it's a must-see. All destinations are within walking distance, allowing for a leisurely stroll through the city. **A local guide will accompany you**, providing insights into the history and culture of the area while leading you through its hidden gems and popular spots.

Following the visit, delegates will **travel to Ávila**, a historic city renowned for its remarkably well-preserved medieval walls and rich cultural heritage. As they journey through the scenic Spanish countryside, delegates will have the opportunity to enjoy the picturesque landscapes that define the region, creating a fitting prelude to their enriching experience in Ávila.

Dinner will be served this evening.

Overnight: Sofraga Palacio, Avila

Meals: Breakfast, Lunch, Dinner

Tuesday, October 22, 2024

Avila: Professional & Cultural

This morning, delegates will travel for a professional visit to the **Hospital General Universitario de Villalba in Madrid** at 10:00 am (presumed). On arrival, delegates will engage with healthcare professionals to learn about the facility's operations, patient care practices, and innovative approaches in nursing and medical education. This visit aims to enhance delegates' understanding

of the Spanish healthcare system and foster discussions on best practices in nursing and healthcare delivery.

GUEST PROGRAM

From 10:00 to 12:30, guests can enjoy a **self-guided tour of Ávila**, exploring its historic treasures. Begin by walking the iconic 2.6 km medieval walls, which offer panoramic views of the city and its surroundings. Continue to the majestic Ávila Cathedral, a stunning example of Gothic architecture. Visit the Santa Teresa Convent, dedicated to the city's beloved saint, and immerse yourself in its spiritual ambiance. Conclude the tour at the serene Santo Tomás Monastery, known for its beautiful cloisters and rich history. This leisurely visit provides a deep dive into Ávila's cultural and architectural heritage.

Lunch will be served in the afternoon.

Afterward, delegates will enjoy a **cultural tour of Ávila**, a historic city in the Castile and León region, renowned for its medieval walls and architectural heritage.

In the evening, delegates will return to their hotel, where they will be able to spend their free time at their leisure.

****Dinner is by individual arrangement (own expense).*

Overnight: Sofraga Palacio, Avila

Meals: Breakfast, Lunch

Wednesday, October 23, 2024

Avila – Salamanca (1.5 hrs drive)

Salamanca: Professional

Salamanca – Madrid (2.5 hrs drive)

In the morning, the delegation will **transfer from Avila to Salamanca**, a historic city renowned for its prestigious university and contributions to medical education. Salamanca's rich cultural and academic heritage makes it an ideal location for exploring advancements in healthcare and nursing. Delegates will visit key institutions to gain insights into Spain's healthcare system and nursing education practices.

Upon arrival at 10:00 am (presumed), delegates will visit **Complejo Asistencial Universitario de Salamanca (CAUSA)**, the city's primary university hospital. This visit will offer valuable insights into Spain's healthcare system and the hospital's role in the practical training of nursing students. Delegates will also explore the hospital's services, healthcare practices, and the integration of modern medical technologies, followed by discussions with hospital staff and administrators on challenges and innovations in nursing education and healthcare delivery.

After the hospital visit, the delegation will meet with representatives from **Universidad de Salamanca**, a renowned public university with a strong nursing and healthcare program. During this session, delegates will learn about the university's nursing curriculum, clinical training methods, research initiatives, and international partnerships. Faculty members will discuss how the university aligns academic education with clinical practice to effectively prepare future healthcare

professionals.

Lunch will be served in the afternoon.

Following the visit, the delegation will **transfer to Madrid** for an evening at leisure.

GUEST PROGRAM

From 10:00 to 13:00, guests can enjoy a **3-hour guided walk in Salamanca**, one of Spain's most picturesque cities. Discover the stunning Plaza Mayor, a UNESCO World Heritage site, known for its vibrant atmosphere. Visit the historic University of Salamanca, one of the oldest in the world, and admire its intricate architecture. Stroll through charming streets lined with sandstone buildings, each telling a story of the city's rich history. Your knowledgeable guide will share insights about the cultural significance of Salamanca, making this an enriching experience filled with fascinating facts and local legends.

****Dinner is by individual arrangement (own expense).*

Overnight: Hotel Emperador, Madrid

Meals: Breakfast, Lunch

Thursday, October 24, 2024

Madrid – Toledo (1.5 hrs drive)

Toledo: Professional & Cultural

Toledo – Madrid (1.5 hrs drive)

In the morning, delegates will **transfer to Toledo** for a visit to the **Hospital General Universitario de Toledo** at 10:00 am (presumed). This visit is designed to provide valuable insights into the hospital's extensive healthcare history and its current modern practices. Delegates will have the opportunity to engage with healthcare professionals and explore how the hospital integrates advanced technologies and innovative approaches to patient care. This experience will not only deepen their understanding of the Spanish healthcare system but also foster discussions on best practices in nursing and healthcare delivery. It also aims to enhance delegates' knowledge of effective healthcare management in a contemporary context.

****Lunch is by individual arrangement (own expense).*

GUEST PROGRAM

Option A

From 10:00 to 12:30, guests can opt for a **guided visit of their choice**. With a local guide, explore the historic Alcázar Fortress, where you'll discover its impressive architecture and rich history. Visit the nearby Cathedral, marveling at its stunning interiors and significant artwork.

Option B

Alternatively, guests can enjoy a **leisurely morning in Madrid**, perfect for shopping and cultural exploration. Explore local boutiques, renowned shops, or visit nearby museums, such as the Prado or Reina Sofia. Whether you choose the guided visit or a relaxed morning, both options promise a delightful experience in Madrid.

In the afternoon, delegates will enjoy a **cultural tour of Toledo**, exploring the city's medieval streets

and historic landmarks. The tour will include visits to its renowned mosques, synagogues, and Gothic cathedrals, allowing participants to immerse themselves in the rich blend of Christian, Jewish, and Muslim influences that characterize Toledo. Delegates will also enjoy breathtaking views of the Tagus River and discover the city's artistic heritage, including notable works by El Greco.

The day will conclude with a **return to Madrid**, where delegates will enjoy the **farewell dinner** together this evening and have a chance to recap their experiences.

Overnight: Hotel Emperador, Madrid

Meals: Breakfast, Dinner

Friday, October 25, 2024

Madrid – Departure

Depart for the United States or the optional cultural extension to Barcelona.

Meals: Breakfast

HOTEL DETAILS

Hotel Catalonia Atocha, Madrid (1 Night)

Address: C. de Atocha, 81, Centro, 28012 Madrid, Spain

Phone: +34 914 20 37 70

Sofraga Palacio, Avila (2 Nights)

Address: C. de López Núñez, 3, 05001 Ávila, Spain

Phone: +34 920 25 40 80

Hotel Emperador, Madrid (2 Nights)

Address: Gran Vía, 53, Centro, 28013 Madrid, Spain

Phone: +34 915 47 28 00