



Senior Surgeons Delegation to Iceland March 29 – April 3, 2026

Delegation Leader: Carlos A. Pellegrini, M.D, FACS

Topics of discussion:

- Development of surgery and surgical services in Iceland
- Iceland's approach to trauma and emergency care
- Quality and value in health care delivery
- Public health priorities and preventive care
- Financing and sustainability of the health system
- Centers of excellence in cancer care and population health
- Impact of health tourism and globalization
- Modernization of Landspítali: infrastructure and digital transformation

Preliminary Schedule of Activities

Day 0- (Saturday) March 28, 2026- Depart the US

Day 1– (Sunday) March 29, 2026- Arrival to Reykjavik, Iceland

Delegates and accompanying guests will arrive in Reykjavik, Iceland's capital, via **Keflavík International Airport** throughout the day. Upon arrival, delegates and guests will be met and transferred to the delegation hotel.

Reykjavik, the northernmost capital in the world, is Iceland's cultural, political, and economic hub. Renowned for its vibrant arts scene, geothermal energy use, and striking modern architecture, the city seamlessly blends tradition and innovation. Surrounded by stunning landscapes and deeply rooted in Viking heritage, Reykjavik reflects Iceland's strong commitment to sustainability and forward-thinking development.

In the evening, join your Delegation Manager for an **orientation and cultural briefing**, including introductions, a review of the program, and a briefing on Iceland's political and cultural diversity. Following the orientation, the delegation will have dinner at the hotel.

The venue and time for this meeting will be determined based on arrival schedules and may be held the following morning.

Overnight: [The Reykjavik EDITION | EDITION Hotels](#)

Day 2 (Monday) March 30, 2026 – Cultural Introduction to Iceland // Reykjavik

The Delegation will spend the day exploring Iceland's rich history and culture, concluding with a meal at one of Reykjavik's renowned restaurants. Activities may include:

- **National Museum of Iceland** - Begin your cultural immersion with a visit to the National Museum, where interactive exhibits and artifacts narrate Iceland's journey from its Viking origins to modern times.
- **Hallgrímskirkja Church** - Continue at this iconic church renowned for its unique design and sweeping panoramic views of Reykjavik.
- **Café Loki** - Enjoy a traditional Icelandic lunch and savor local specialties in an authentic and charming home style restaurant.
- **Laugavegur** - Wander down Reykjavik's vibrant main street, Laugavegur, lined with boutique shops, local art installations, and cozy cafés.
- **Sun Voyager Sculpture** - Conclude the day with a visit to the Sun Voyager, a striking modern sculpture symbolizing exploration and the enduring spirit of Iceland, set against a picturesque coastal backdrop.

Overnight: [The Reykjavik EDITION | EDITION Hotels](#)

Day 3 (Tuesday) March 31, 2026 – Professional Day // Reykjavik

Begin the day with an overview of Iceland's healthcare system, presented by representatives from the **Ministry of Health**. Following this, engage with leaders from the **Scandinavian Surgical Society (SSS)**. The oldest international surgical association in the world, the **SSS**, promotes scientific and clinical work as well as training across Nordic countries. Discussions will focus on the latest surgical practices, ongoing research, and training programs within the region.

Following lunch, delegates will visit **Landspítali Hospital**, the largest hospital in Iceland, to learn about emergency response, healthcare challenges, and the integration of technology in patient care.

In the evening, delegates will have time to explore Reykjavik at their own pace. The Delegation Manager will provide recommendations for dining and cultural experiences.

Overnight: [The Reykjavik EDITION | EDITION Hotels](#)

Day 4 (Wednesday) April 1, 2026 - Professional & Cultural Day // Reykjavik

Today, visit **Klíníkin Ármúla**, a private modern medical center in Reykjavik specializing in advanced surgical procedures. Delegates will engage with leading specialists to explore innovations in surgical techniques, patient care, and the role of private healthcare in Iceland's medical systems,

In the afternoon, travel to **Raufarhólshellir**, one of Iceland's most extensive lava tunnels. This guided tour will lead you through magnificent rock sculptures, offering a unique perspective on Iceland's volcanic landscape and geological history.

The day will culminate in a memorable farewell dinner at **Ingólfsskáli Viking Restaurant**, offering a unique dining experience that blends contemporary culinary practices with Viking-inspired traditions. Enjoy traditional Icelandic cuisine is served in a setting reminiscent of a Viking longhouse. The restaurant is approximately a 45-minute drive from Reykjavik.

Overnight: [The Reykjavik EDITION | EDITION Hotels](#)

Day 5 (Thursday) April 2, 2026 – Professional & Cultural Day // Reykjavik

On this day, the delegation will delve deeper into Iceland's healthcare landscape, beginning with a morning visit to one of the **Heilsugæslan Health Care** centers, which provide comprehensive primary care services throughout Reykjavik. This visit will offer insights into preventive care, public health priorities, and the integration of modern technology in everyday medical practices.

After lunch, travel 45 minutes outside of Reykjavik to **The Blue Lagoon**, one of Iceland's most iconic and luxurious geothermal spas, located in a surreal lava field near Grindavík on the Reykjanes Peninsula.

Overnight: [The Reykjavik EDITION | EDITION Hotels](#)

Day 6 (Friday) April 3, 2026 – Departure or Program Extension

Today, delegates will transfer to the airport for their return flights or embark on an optional post-program extension to Norway.