



Certified Registered Nurse Anesthetists and Nurses in Anesthesiology Delegation to India October 18-25, 2026

Delegation Leader: Dr. Debbie Malina CRNA, MBA, DNSc, FNAP

The composition of the delegation will determine the final professional program, including the individuals and facilities to be visited, and the topic of discussion. Each delegation member will be asked to provide a professional profile and identify their specific area of interest. This input will shape the final program to ensure a meaningful and productive exchange. Below are the Professional exchange Objectives drafted for this program and the preliminary schedule of activities.

Program learning Objectives

Compare Global Models of Anesthesia Nursing and Understand India's NPA Framework

- Learn how India prepares and regulates its anesthesia-trained nurses, including the Nurse Practitioner in Anesthesia (NPA) Postgraduate Residency Program (formalized by the Indian Nursing Council in 2024).
- Gain insight into how this training parallels U.S. CRNA pathways while operating within a more physician-supervised model.

Examine Real-World Clinical Roles of Anesthesia-Trained Nurses Across High-Acuity Settings

- Observe how Indian anesthesia nurses practice in diverse environments such as operating theatres, intensive care units, trauma centers, and labor and delivery suite settings, explicitly identified as key deployment areas for nurse anesthetists in India.
- Compare these clinical responsibilities to U.S. perioperative roles and autonomy.

Understand Workforce Realities and Anesthesia Delivery in Resource-Variable and Rural Contexts

- Study how India addresses anesthesia workforce shortages, especially in rural and underserved areas where anesthesia-trained nurses may serve as primary anesthesia providers. This offers unique insights into innovation, adaptability, and safety practices under constrained conditions.

Analyze Interprofessional Collaboration in Physician-Led Anesthesia Models

- Observe how anesthesia nurses in India collaborate closely with anesthesiologists in preoperative assessment, intraoperative monitoring, and postoperative care, providing a contrast to the more autonomous U.S. CRNA practice in many states.
- Gain and enhanced understanding of global models of team-based anesthesia delivery.

Deepen Competence in Perioperative Patient Monitoring and Safety Protocols

- Examine how Indian anesthesia nurses manage airway, analgesia, and physiological monitoring throughout the surgical continuum. Indian training emphasizes continuous vigilance, vital sign interpretation, and postoperative stabilization.
- Compare core competencies with U.S. practice standards.

Explore Educational Pathways, Training Rigor, and Competency Expectations in Indian Anesthesia Nursing

- Learn about India's multi-year preparation for anesthesia nursing; 6–8 years from undergraduate education to anesthesia specialization, which includes required clinical experience prior to postgraduate training.
- Foster global perspective on academic progression, competency development, and professional expectations.

Identify Opportunities for Bilateral Collaboration in Training, Research, and Practice Innovation

- Observing India's rapidly evolving anesthesia nursing landscape, U.S. participants will identify areas for shared learning, including simulation-based training, research on perioperative outcomes, and potential cross-country academic or policy collaboration.
- Exposure to India's formalizing regulatory environment highlights future pathways for global professional exchange.

Develop Cultural and System-Level Competence for Delivering Safe Anesthesia in Diverse Health Systems

- Strengthen the ability to adapt anesthesia practices across different cultural, structural, and regulatory environments.
- India's mix of high-volume tertiary centers and rural facilities provides a unique learning context for global surgical safety, patient communication, and health-system navigation.

Preliminary Schedule of Activities

Day 01, Sunday, October 18, 2026

Arrive in Delhi, INDIA

Welcome to New Delhi, the capital city of India, with a population of approximately 20 million inhabitants! The city is divided into two parts: Old Delhi, near the river Yamuna, and New Delhi, home to the national government and the imperial city created by the British Raj. New Delhi is a perfect fusion of the ancient and modern, offering a rich tapestry of culture, architecture, and human diversity, along with a wealth of historical monuments, museums, galleries, and gardens.

Upon your arrival, our representative will meet and greet you at the airport and transfer you to your hotel. The remainder of the day is at your leisure to settle into your new home away from home.

****Dinner is by individual arrangement (own expense).*

Day 02, Monday, October 19, 2026

Delhi: Cultural

After breakfast, begin your exploration of **Old Delhi**, the historic heart of the capital. Accompanied by your private guide, walk through its lively streets and narrow lanes while gaining an insight into the city's fascinating history, architecture and everyday life. Discover traditional **havelis (private mansions)**, see the magnificent **Jama Masjid** and the historic **Red Fort**, and experience the colourful atmosphere of **Chandni Chowk**, where bustling markets, traditional shops and local craftsmen bring Old Delhi's heritage to life.

Later, continue to **New Delhi**, designed by the British in the early 20th century with broad avenues, impressive government buildings and leafy surroundings. Visit **Humayun's Tomb**, a magnificent example of Mughal architecture and a UNESCO World Heritage Site. Continue with a drive along the grand ceremonial avenue, **Rajpath (now Kartavya Path)**, passing the iconic **India Gate** and **Parliament House**.

****Lunch is by individual arrangement (own expense).*

This evening, delegates will gather for a special **welcome dinner**, offering a wonderful opportunity to meet fellow delegates.

Day 03, Tuesday, October 20, 2026

Delhi: Professional

After breakfast, delegates will begin the day with a professional visit to **Maulana Azad Medical College (MAMC)**, one of New Delhi's prominent government medical institutions. Established in 1958 and affiliated with the University of Delhi, the college is named after Maulana Abul Kalam Azad, India's first Minister of Education.

During the visit, delegates will have the opportunity to **meet with medical professionals and faculty members**, exchange knowledge and gain insights into medical education, healthcare practices, clinical training and the functioning of a leading public medical institution in India.

Lunch will be served at a local restaurant.

In the afternoon, continue to **Fortis Hospital, Gurugram**, for another professional visit. Delegates will interact with healthcare professionals and learn more about the hospital's approach to patient care, medical technology, specialised treatments and hospital management.

****Dinner is by individual arrangement (own expense).*

Day 04, Wednesday, October 21, 2026

Delhi: Professional

Delhi – Jaipur (5 hrs drive)

After breakfast, delegates will proceed for a professional visit to **Max Healthcare, Dwarka**, a modern multi-specialty healthcare facility serving Delhi and the surrounding region. The hospital brings together advanced medical technology, specialised clinical services and a multidisciplinary team of healthcare professionals, with a strong focus on quality patient care.

During the visit, delegates will have an opportunity to **meet with healthcare professionals**, exchange knowledge and gain valuable insights into the hospital's approach to patient care, specialised medical services, modern technology, clinical practices and hospital management. The interaction will also provide an understanding of the role of private healthcare institutions within India's evolving healthcare system.

Lunch will be served at a local restaurant.

After lunch, depart Delhi and **drive to Jaipur**, the capital of Rajasthan, famously known as the "Pink City" for its striking pink sandstone architecture. Immerse yourself in the city's rich Rajput heritage as you discover its historic forts, palaces, and gardens. Founded by Sawai Jai Singh II, Jaipur is one of India's earliest planned cities, reflecting the vision, prosperity, and architectural brilliance of its royal past, while serving as a vibrant gateway to Rajasthan.

Upon arrival in Jaipur, **check in at your hotel and take some time to relax.**

****Dinner is by individual arrangement (own expense).*

Day 05, Thursday, October 22, 2026

Jaipur: Professional

After breakfast, delegates will proceed for a professional visit to **CK Birla Hospital, Jaipur**, a modern multi-specialty healthcare facility offering a range of medical and surgical services. The visit will provide an opportunity to **interact with healthcare professionals**, exchange knowledge and gain an understanding of patient care, clinical practices, specialist services and hospital operations within a private healthcare setting in India.

Lunch will be served at a local restaurant.

In the afternoon, delegates will visit **Sawai Man Singh (SMS) Hospital**, one of Jaipur's leading government tertiary-care hospitals and an important centre for healthcare, medical education and clinical training in Rajasthan. Associated with **Sawai Man Singh Medical College**, the hospital provides care across a wide range of specialties and super-specialties and serves a large and diverse patient population from Jaipur and other parts of Rajasthan.

During the visit, delegates will have the opportunity to **interact with healthcare professionals**, exchange knowledge and gain a deeper understanding of patient care, clinical practices, medical education, specialist services and hospital operations. The visit will also offer an interesting perspective on the functioning of a large public healthcare system in India.

****Dinner is by individual arrangement (own expense).*

Day 06, Friday, August 23, 2026

Jaipur: Cultural

This morning, begin your cultural exploration of Jaipur with a visit to the **magnificent Amber Fort**, dramatically situated on a hillside overlooking Maota Lake. This impressive former royal residence beautifully combines Rajput and Mughal architectural styles. Explore its grand courtyards, elegant halls, mirrored chambers and beautifully decorated interiors, which offer a fascinating glimpse into Rajasthan's royal heritage.

Continue to the heart of the Pink City to visit **Jantar Mantar**, a UNESCO World Heritage Site and the largest and best-preserved of the five astronomical observatories built by Maharaja Sawai Jai Singh II. Its remarkable instruments were designed to measure time and observe celestial movements with impressive accuracy.

Conclude with a visit to the **City Palace**, located in the centre of Jaipur's historic old city. Once the ceremonial and administrative seat of Jaipur's royal family, the palace complex showcases a beautiful blend of Rajasthani and Mughal architecture, with graceful courtyards, ornate gateways, royal residences and museum galleries displaying costumes, artworks and historic treasures.

Lunch will be served at a local restaurant.

****Dinner is by individual arrangement (own expense).*

Day 07, Saturday, August 24, 2026

Jaipur – Agra (4 hrs drive): Cultural

This morning, **drive to Agra**, one of India's most celebrated historic cities and the former capital of the Mughal Empire. Situated on the banks of the Yamuna River, Agra is renowned for its magnificent Mughal architecture, rich history and, above all, the iconic **Taj Mahal**.

Upon arrival in Agra, **check in at your hotel** and take some time to settle in.

****Lunch is by individual arrangement (own expense).*

Later, explore the historic city with a visit to the impressive **Agra Fort**, a UNESCO World Heritage Site and one of the finest examples of Mughal architecture. Built primarily in red sandstone, this vast 16th-century fortress was once the residence of Mughal emperors. Walk through its grand courtyards, elegant

palaces and impressive audience halls while discovering stories of the powerful Mughal dynasty that shaped much of India's history.

A **farewell dinner** on the final night in India will give delegates a chance to recap their experiences.

Day 08, Sunday, August 25, 2026

Agra – Delhi (3.5 hrs drive)

Delhi – Departure

Wake up early this morning for a **sunrise visit to the Taj Mahal**, the world's most famous symbol of love. With your guide, enjoy the calm morning atmosphere as you admire the building's perfect balance, beautiful design, and fine details. Look closely at the delicate stone inlay work set into the white marble, which shines softly in the early light.

Late **drive to Delhi** for your return flight home, on to continue on for the Optional 3-day, Cultural Extension to Nepal.